U.S. Department of Labor Office of Labor Management Standards Washington DC 20210

## FORM LM-30 LABOR ORGANIZATION OFFICER AND EMPLOYEE REPORT

Form approved Office of Management and Budget No 1215 0188 Expires 11 30 2006

This report is mandatory under P L 86 257 as amended Failure to comply may result in criminal prosecution fines or civil penalties as provided by 29 U S C 439 or 440



1 File Number U

READ THE INSTRUCTIONS CAREFULLY BEFORE PREPARING THIS REPORT

2 Fiscal Year Covered From

	1 / 1 / 2004 Through 12 / 31 / 2004	
3 Name and address of person filing	4 Name file number and address of labor organization	
Name Paul V Hogrogian	Name National Postal Mail Handlers Union	
	Labor Organization File Number 000 505	
PO Box Bidg Room No Many Suite 1400	PO Box Building and Room Number if any Room 500	
Street 401 Broadway	Street 1101 Connecticut Avenue NW	
City New York	City Washington	
State New York ZIP Code + 4 10013	State District of Columbia ZIP Code + 4 20036 4304	
5 Position in labor organization Committee Member Trainer		
Enter appropriate data below if during the past fiscal year you or your spouse or minor child directly or indirectly had any of the following interests (except as specified in the exclusions set forth in the instructions)  A Held an interest in engaged in transactions (including loans) with or derived income or other economic benefit of monetary value from an employer whose employees your organization represents or is actively seeking to represent		
6 Name and address of Employer (including trade name if any)	7 a Nature of Interest Transaction or Income	
Name		
Trade Name if any		
PO Box Bldg Room No If any	7 b Amount	
Street		
City		
State ZIP Code + 4		
Signature		
15 Signature and verification. The undersigned declares under penalty of Perjury and other applicable penalties of the law that all of the information submitted in this report (including the information contained in any accompanying documents) has been examined by the signatory and is to the best of the undersigned sknowledge and belief true correct and complete. (See the section on penalties in the instructions.)		

1 30 9002

Telephone Number

Name of Person Filing Paul Hogrogian	File Number U			
B Held an interest in or derived income or economic benefit with monetary value from a business (1) a substantial part of which consists of buying from selling or leasing to or otherwise dealing with the business of an employer whose employees your labor organization represents or is actively seeking to represent or (2) any part of which consists of buying from or selling or leasing directly or indirectly to or otherwise dealing with your labor organization or with a trust in which your labor organization is interested				
8 Name and address of Business (including trade name if any)	9 Business deals with			
Name First Health	a Labor Organization			
Trade Name if any	b Trust			
PO Box Bidg Room No If any	c Employer			
Street 3200 Highland Avenue				
City Downers Grove				
State Illinois ZIP Code + 4 60515				
10 If 9 b or 9 c is checked give trust or employer's name	11 a Nature of such dealing			
Name	First Health underwrites and administers the union health plan			
Trade Name if any				
PO Box Bldg Room No If any				
Street	11 b Approximate dollar value of such dealing APPIOX \$   BIWOW			
City	12 a Nature of interest held or income received			
State ZIP Code + 4	April 14 16 2004 2 dinners (self) estimated value \$100			
	12 b Amount <b>ACPNOX</b> \$100			
C Received from any employer (other than an employer covered under parts A and B above) or from any labor relations consultant to an employer any payment of money or other thing of value				
13 a Name and address of Employer or Labor Relations Consultant (including trade name if any)	14 a Nature of payment			
Name				
Trade Name of any				
PO Box Bldg Room No If any				
Street				
City				
State ZIP Code + 4				
13 b Is the Business an Employer or Consultant ?	14 b Amount of payment			

Name of Person Filing Paul Hogrogian	File Number U
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## Part B Continuation Page

B Held an interest in or derived income or economic benefit with monetary value **from a business** (1) a substantial part of which consists of buying from selling or leasing to or otherwise dealing with the business of an employer whose employees your labor organization represents or is actively seeking to represent or (2) any part of which consists of buying from or selling or leasing directly or indirectly to or otherwise dealing with your labor organization or with a trust in which your labor organization is interested

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PO Box Bldg Room No If any		b Trust
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City Downers Grove		
State Illinois	ZIP Code + 4 60515	
10 If 9 b or 9 c is checked give trust	t or employer's name	11 a Nature of such dealing
Name		First Health underwrites and administers the Union Health Plan
Trade Name if any		
PO Box Bldg Room No If any		
Street		
City		
State	ZIP Code + 4	11 b Approximate dollar value of such dealing Approx 3   BILUer
		12 a Nature of interest held or income received
		February 5 7 2004 3 dinners (not sure) (self)
		estimated value \$150
		12 b Amount (a) Apr 1000 * \$150